# The Teaching Blending of College Chinese and Chinese Traditional Culture

# Xiaoling Li

Ningxia Vocational and Technical College of Finance and Economics, Yinchuan, 750021, China

Abstract: In the era of advocating and carrying forward Chinese traditional culture, college Chinese teaching plays an important role in carrying forward Chinese traditional culture. Therefore, teachers should innovate the teaching mode of college Chinese and integrate the inheritance of traditional culture into teaching, which can reasonably enhance college students' recognition of Chinese traditional culture and better promote and revitalize Chinese traditional culture. Based on this, this paper discusses the requirements of carrying forward Chinese traditional culture today, integrates it into college Chinese teaching classroom activities, and analyzes the rationality of college Chinese teaching blending Chinese traditional culture, so as to clearly puts forward relevant practical strategy proposals, hoping to make Chinese traditional culture develop better.

Keywords: College Chinese; Chinese Traditional Culture; Teaching

#### 1. Introduction

Chinese traditional culture is the characteristic civilization of Chinese culture for 5000 years, and it is the overall integration of social moral inheritance, cultural thought and the substantive consciousness of national historical spirit. At this stage, our society has fully advocated carrying forward Chinese traditional culture and realizing the dream of building a powerful country with Chinese culture. The teaching links of our university Chinese subject include many excellent contents of our traditional culture. Therefore, college Chinese teachers should shoulder the obligation to carry forward Chinese traditional culture and let students gradually understand Chinese traditional culture through college Chinese teaching.

# 2. Understanding Chinese traditional culture

The content of Chinese traditional culture has a long history. From the perspective of specific content, it involves politics, philosophy, religion, architecture, art, technology and other material and spiritual aspects; From the perspective of cultural thought inheritance, this is a kind of cultural thought with Confucianism as the core, and integrates some excellent thoughts and cultures of hundreds of schools at the same time. [1]Due to the rapid development of today's society, more and more advanced ideas continue to be integrated into the college Chinese education in colleges and universities. Quality education has gradually replaced the examination oriented education in China and become the main goal and specific content of college Chinese education. Truth, goodness and beauty are important contents of Chinese excellent traditional cultural thoughts. Therefore, carrying forward the virtues of China's excellent traditional culture is also in line with the core concept of China's current education development, which is also the urgent development requirement for the integration of China's excellent traditional culture into college Chinese education.

# 3. The rationality of the teaching blending of college Chinese and Chinese traditional culture

# 3.1. Cultivating the temperament of contemporary college students

The impetuous mood has become a negative energy that affects most people's psychology, and has gradually poured into the university campus from the social level, which has a negative impact on the all-round development of students. Dealing with impetuosity and holding a panacea in the hands of universities is Chinese traditional culture. As the saying goes: taking history as a mirror and aiming at the current college Chinese teaching, blending relevant traditional cultural knowledge can make students

better understand the essence of life. At the same time, teaching ancient poetry and moral and ethical thoughts can not only edify students' character, but also let students know what is honor, shame, right and wrong. Therefore, blending Chinese traditional culture in college Chinese teaching can effectively cultivate the temperament of contemporary college students and cure their mental and physical impetuosity. [2]However, this kind of painless panacea has been abandoned in the corner, especially the young generation, gradually avoiding traditional culture. Therefore, colleges and universities must understand the importance and urgency of the infiltration of Chinese traditional culture into education, and further enhance the publicity of traditional culture with Chinese characteristics.

# 3.2. Promoting the prosperity and development of the country

In the development process of five thousand years of history, the essence left by the sustainable development of Chinese traditional culture is the foundation of national survival and development. Therefore, teachers must continue to inherit the civilization of thousands of years, develop the splendid heritage of Chinese culture, and let college students master the origin of traditional culture. Facing the new generation hope of college students as the motherland, teachers should infiltrate traditional culture into college Chinese education, assist students to explore traditional culture, and unswervingly adhere to the beliefs of the Chinese nation in the context of exploration and learning, in order to shape students to produce correct civic awareness, spiritual essence and ideas, constantly carry forward traditional culture, and promote the development of the Chinese nation and the prosperity and development of the country.

### 3.3. Meeting the specified objectives of China's educational development trend

At this stage, the contents of college Chinese teaching courses offered by domestic universities mainly include some compulsory knowledge of ideological education and some specific contents of literary theory. Because of the rapid development of social economy in China, more and more colleges and universities pay more attention to the appreciation of traditional excellent literary works or the education of modern information technology, and to the educational development of Chinese excellent traditional culture. Chinese traditional culture is the ideological essence and spiritual essence inherited from China's 5000 year cultural history, which contains the long-lasting development history and national characteristics in our country. [3]In order to make China's college Chinese education keep up with the pace of the times from beginning to end, and actively respond to the requirements of education for its inheritance and development, it has become an unalterable development trend to integrate Chinese traditional culture into college Chinese teaching.

### 3.4. Enriching the cultural connotation of college Chinese teaching content

In college Chinese teaching, the infiltration of traditional culture extends the breadth of the course content, which can help students reasonably understand the main content of Chinese, and also enrich students' ideological depth of traditional cultural knowledge learning. In college Chinese textbooks, there are many knowledge contents related to traditional culture. Teachers' collation of this traditional cultural knowledge can help students sort out the main vein of learning Chinese content and reduce reading and writing barriers. According to traditional culture, students can deeply understand the literary phenomenon embodied in the text and improve their learning motivation. The integration of traditional culture into college Chinese teaching not only enriches the cultural connotation of college Chinese teaching content and promotes the innovative development of college Chinese teaching, but also helps college students better learn and practice the essence of traditional excellent cultural content, so as to shape students' Humanistic ideological spirit.

### 4. The basic principle of the integration of the two teaching

The integrated teaching of college Chinese and Chinese excellent traditional culture is not only an effective method to shape college students to become excellent talents, but also an important teaching mode to guide students to become new forces serving the motherland in the new era. In order to facilitate the realization of this overall goal, teachers must follow the basic principles of the content of Chinese traditional culture education in teaching activities, and correctly guide students to strengthen their learning, so that students can truly understand and learn the cultural virtues contained between college Chinese and Chinese traditional culture, truly grasp the spiritual essence of traditional culture, and inspire students' firm faith and wisdom to serve the motherland.

#### 4.1. Following the "truth" principle

The beautiful articles selected from the content materials of college Chinese are advocating authenticity, and educating college students to be sincere can get the trust of others. Confucianism emphasizes "truth". From the specific requirements of daily life and social development, it makes people understand the importance of "truth" by "keeping promises and doing deeds". In today's society, there is competition between people, which is easy to cause relationship contradictions. Under such circumstances, it is precious to treat people sincerely. The new era bears the mission of building a prosperous and strong Chinese nation. As we often say, people should be down-to-earth and realistic. For this kind of truth theory, it should not be transmitted astringently, but can impress people with the true feelings of the content of the article. Therefore, for college students to follow the "truth" principle of teaching, we must adopt the leading teaching mode, apply the smooth rhythm characteristics of Chinese classic articles, and let students understand the essence of the selected article content through recitation and memory, so as to shape the excellent character of students' honesty and trustworthiness, and be a college student who keeps his promise and keeps his words and deeds.

# 4.2. Following the principle of "goodness"

Kindness is the essence of man. Mencius said that human nature is good, while Confucianism Xunzi said that human nature is evil. But in general, the content of the articles selected in *College Chinese* is to advocate that people are good. Teachers should correctly guide students to constantly read and think, and truly understand the cultural feelings of the text. It can be said that arousing people's kindness and understanding kindness are indispensable for the development of a happy society. The harmonious relationship between people must be maintained according to good deeds. In ancient China, there was a view of the world, and all dynasties have made governance an important task from beginning to end. Nowadays, China is the key strength to maintain the development trend of world peace, so countries should condense the global concept of kindness and work together to maintain world peace. We should carry forward and inherit China's traditional culture, show a high degree of Chinese cultural self-confidence, and unite the "goodness" of the people into a strong energy of harmony under the leadership of the party and the state. It also requires college students to use the wisdom learned in the integration of college Chinese and Chinese traditional culture, and work together to build a better tomorrow for the society.

## 4.3. Following the principle of "beauty"

The teaching of the integration of college Chinese and Chinese traditional culture follows the principle of "beauty", which can be explained by using the beautiful language of college Chinese and beautiful words to carry out aesthetic education, so as to shape more outstanding college students. We should infect college students with beautiful cultural content, and let them feel what is the real beauty of language and culture from the outside to the inside. First of all, from an individual perspective, we should pay attention to the perfect combination of external image and essential quality, and improve living standards. [4]According to exercise, we should ensure personal fitness, improve cultural knowledge learning, and shape into a knowledgeable and high-quality aspiring youth to meet difficulties and strive to obtain various excellent results. Secondly, from the perspective of the whole, "beauty" refers to getting better and better in people's lives, the overall development trend of economy, science and technology is stronger, and maintaining world peace and development. Through thousands of years of practical training, China's excellent traditional culture covers the wisdom crystallization of individual, group and national development. The fine arts of college Chinese have unique excellent factors of traditional culture. By carefully reading the fine arts, students can improve their study of traditional culture, make them become the inheritors of spiritual beauty, and promote the stronger development trend of society.

# 5. Strategic suggestions on the integration of college Chinese and Chinese traditional culture teaching

### 5.1. Guiding students to understand the essence of Chinese traditional culture

If college Chinese teachers want students to better carry forward Chinese traditional culture in teaching, they must first arouse their interest in learning Chinese traditional culture. Only when students are interested can they better carry forward traditional culture and stimulate their enthusiasm for learning.

In response to this situation, teachers must realize independent innovation in the current college Chinese teaching methods, use teaching methods that conform to the characteristics of students, and strengthen students' cognitive ability to Chinese traditional cultural concepts. For college students, if they do not get technical expertise and ability at school, these people will be difficult to remain invincible in society. Therefore, on the premise of learning professional knowledge and improving skills, college students must also be able to better learn the essence of Chinese traditional culture. Because the thought of Chinese traditional culture will have a certain impact on a person's future career path or daily life.

For example, in the content of college Chinese courses, many contents and information are closely related to Chinese traditional culture. Teachers should make it easier for students to understand some specific traditional cultural contents. From studying the *Analects of Confucius*, students can understand and understand the importance of honesty and trustworthiness in the market economic system; From the understanding of the love poems in the *Bookofsongs*, the famous lines of the love poems of scholars and scholars, to the collection of Chinese opera novels, students can better establish a correct view of love and marriage.

### 5.2. Accurately selecting college Chinese classroom teaching knowledge

Because the content of Chinese traditional culture is relatively rich, students need to invest a lot of time and energy to deeply understand and study, but college Chinese class hours are limited. Therefore, in order to better integrate traditional culture into college Chinese teaching, teachers must accurately select the main contents of textbooks. When selecting teaching content, we should not only grasp the direction of improving students' humanistic quality, but also highlight the essence of Chinese traditional culture. So, teachers should select the classic works of traditional culture that have been highly symbolic of the development of China for 5000 years, fully tap the elements of traditional culture and humanistic feelings, contact students' daily life, and enhance their understanding of China's traditional culture, and the sense of belonging to traditional culture. In these classic literary works, whether the creators or heroes in the works, their personality charm and historical and humanistic emotions play a major role in the construction of students' personality traits and the formation of values.

For example, Qu Yuan's patriotism, Du Fu's responsibility for the world, and Wen Tianxiang's spirit of loyalty and unyielding have certain inspiration for students' life values and patriotism. According to the introduction and teaching of historical figures and literary works, we should promote the establishment of students' personality concept of physical and mental health. At the same time, in teaching, teachers should not only devote themselves to shaping students' ability of Chinese dictation and recitation, but also transfer the main training direction of the classroom to the optimization of traditional culture teaching. We can better highlight the traditional cultural characteristics contained in poetry and articles from the aspects of ideological connotation, values, Chinese national spirit and so on, so that students can truly understand Chinese traditional culture in learning college Chinese.

#### 5.3. Connecting with practical teaching and carrying forward Chinese traditional culture

College Chinese teaching classes are usually dominated by teachers and supplemented by students. But if a teacher is explaining a lesson by himself, the students usually listen boring. Therefore, teachers should actively look for teaching strategies that can interest students. Nowadays, college students love online media, although many students often read it, but most of them contain all kinds of online articles and online jokes. In fact, if teachers observe carefully, they will see that many emerging online cultures are also closely related to Chinese traditional culture.

For example, the word "ha ha", which is popular on the Internet, will be regarded by college students as a popular online vocabulary. In fact, this word is not unique in the Internet era. In history, our great writer Su Dongpo has written this word. This word first appeared in a poem by Su Dongpo. In the college Chinese class, teachers can borrow the specific content of the word *Jiangchengzi*, *Hunting in Mizhou* to teach, so that students can know that it is written by Su Shi to their friends. The content is "making small words at the end of the day, although it has no flavor of liuqilang, it is also a family. Hehe. A few days ago, hunting in the suburbs, we got a lot..." so that students can find that the words they thought originally originated from the Internet actually appeared in ancient times. Teachers use the Internet age to explore the connection between traditional literary classics and popular words in college Chinese teaching. This kind of method can not only arouse students' resonance points, but also quickly stimulate students' interest in understanding Chinese traditional culture.

#### 5.4. Encouraging students to form Chinese traditional culture interest groups

In college Chinese teaching, teachers should not only blend Chinese traditional culture in classroom teaching, but also extend the teaching of traditional culture to after-school tasks and deeply into students' extracurricular life. This kind of teaching strategy not only enables students to make full use of subjectivity and consciousness, but also enables students to experience the charm of traditional culture in a more comprehensive way, so as to improve their scientific cognition of Chinese traditional culture and get more diversified development. Therefore, teachers should encourage students to create after-school traditional culture interest groups, so that they can choose the content of blending and learning Chinese traditional culture in college Chinese according to their own interests.

For example, by creating interest groups, students can systematically analyze the classical roles and concepts of the four masterpieces. Or select the language art topic of traditional culture to explore, and discuss its origin, development history and characteristics in groups. Such teaching strategies can not only shape students' understanding of Chinese traditional culture, but also enhance students' recognition of traditional culture, which is beneficial to the development trend of Chinese traditional culture.

#### 6. Conclusion

In short, the integration of college Chinese teaching with Chinese traditional culture has an increasingly critical position. As a university teacher, we should carry out research and innovation, change the past subject design, and flexibly use various teaching methods, in order to enrich classroom teaching, actively contact the network hot spots of social culture at this stage, and make the college Chinese course content closely integrate with our traditional culture to realize the positive significance of carrying forward the traditional cultural content.

#### References

- [1] Xiao W. Research on the relationship between college Chinese teaching and the dissemination of traditional culture -- a review of "Chinese traditional culture and college Chinese course". Science and technology in Chinese colleges and universities, 2022, (03):108.
- [2] Xu Z. Spring breeze turns into rain, moistening things silently -- on the infiltration of Chinese traditional culture in college Chinese teaching. Hundreds of essays (New Chinese loose leaf), 2021, (05):169-170.
- [3] Gu Y. On how to carry forward Chinese traditional culture in college Chinese teaching. A comparative study of cultural innovation, 2019, 3(31):99-100.
- [4] Xiaolan Wei. Study on the Blending of College Chinese Teaching and Traditional Culture Education. 2019 International Conference on Advanced Education, Service and Management (AESM 2019). 2019, 3: 421-424.