

Exploration of Innovative Model for Clinical Teaching in Neurology

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Abstract: With the continuous development of medical education, traditional clinical teaching models in neurology face numerous challenges, especially in enhancing clinical skills, improving students' clinical thinking, and decision-making abilities. Traditional teaching models rely heavily on lectures and case analysis, and the singularity of the content and the limited opportunities for practical experience restrict students' overall development. In recent years, the exploration of innovative teaching models has become an important direction in medical education reform. This study aims to analyze the current status of clinical teaching in neurology, explore innovative teaching models that meet the needs of the new era, and propose innovative solutions such as interdisciplinary collaborative teaching, case-based teaching, simulation training with virtual reality technology, and the integration of online and blended teaching. The research shows that innovative models that combine advanced technologies and teaching concepts have broad prospects and can help improve the quality and effectiveness of clinical teaching in neurology.

Keywords: Neurology clinical teaching; innovative models; interdisciplinary collaboration; simulation training; virtual reality technology; blended teaching

1. Introduction

As medical education reform deepens, traditional clinical teaching models in neurology are facing unprecedented challenges. In the past few decades, neurology teaching has largely relied on traditional methods such as classroom lectures and apprenticeship. Although this model has ensured the transmission of basic knowledge to some extent, it lacks flexibility, interactivity, and focus, making it difficult to meet the current demands for innovation, clinical decision-making abilities, and comprehensive skills in medical education. Therefore, profound changes are urgently needed in neurology clinical teaching, particularly in innovating teaching methods, optimizing teaching resources, and promoting the deep integration of technology and education. The aim is to cultivate medical talents with high-level clinical skills and innovative thinking. The significance of this study lies in analyzing the current status of neurology clinical teaching, combining modern teaching concepts and technological tools, and proposing innovative teaching models while exploring their implementation strategies. By analyzing the construction and implementation strategies of innovative models, this study aims to provide theoretical support and practical guidance for the future development of neurology education, promoting the advancement of neurology medical education towards higher quality and greater efficiency.

2. Analysis of the Current Status of Clinical Teaching in Neurology

2.1 Overview of Traditional Teaching Models

The traditional clinical teaching model in neurology mainly relies on teacher-led lectures and clinical demonstrations, focusing on the delivery of theoretical knowledge and the practical application of skills. In this model, medical students gradually acquire basic knowledge and skills in the field of neurology through classroom learning, ward rounds, and clinical practice. In the classroom, students learn foundational subjects such as anatomy, physiology, and pathology, while ward rounds provide opportunities for students to interact with real patients and participate in clinical decision-making. The traditional model emphasizes guiding students to understand and apply medical theory through teacher demonstrations and case analysis, cultivating clinical thinking and skills.

2.2 Analysis of the Advantages and Disadvantages of the Current Model

The traditional clinical teaching model in neurology has certain advantages. In this model, teachers directly transmit professional theoretical knowledge and conduct necessary skill demonstrations, helping students build a solid foundation. Furthermore, the interaction between mentors and students fosters the development of rigorous clinical thinking and the cultivation of essential medical literacy. Teachers typically have rich clinical experience, providing students with in-depth case analyses and treatment approaches, enabling students to improve continuously and gain valuable clinical judgment experience through practice. However, the traditional teaching model also has significant shortcomings. The teaching content and methods are relatively limited, often placing students in a passive learning state without providing opportunities for active exploration or independent learning. This model is usually confined to ward rounds and a small number of clinical operations, making it difficult to offer comprehensive and systematic clinical skills training. As a result, students often lack sufficient opportunities to master complex clinical procedures and treatment techniques in practice. At the same time, students' learning progress and understanding depth often depend on the quality of the teacher's lectures and clinical experience, lacking personalized educational pathways, which makes it difficult to meet the specific needs of each student. Moreover, the update cycle of course content is relatively long, which makes it difficult to reflect the latest developments and technological advancements in the field of neurology in a timely manner, preventing students from fully accessing cutting-edge medical knowledge^[1].

2.3 Major Issues in Clinical Teaching

Although the traditional teaching model has met the needs of basic medical education to some extent, several problems have emerged in actual teaching. First, there is a general disconnect between theory and practice among students. Neurological diseases are highly complex and diverse, and simple classroom learning and ward practice often do not provide enough clinical situations for students to practice and reflect upon. When facing complex cases, students often struggle with unclear diagnoses and lack depth in their thinking. Second, there is an unequal distribution of teaching resources in the traditional model. Particularly in some clinical departments, students' learning opportunities are often limited by the number of cases and the distribution of patients, leading to a lack of exposure to a comprehensive range of cases, especially the diagnosis and treatment of rare diseases. Furthermore, the teaching abilities of instructors vary widely, and some teachers still use traditional teaching methods that are difficult to adapt to the modern medical education requirements for clinical thinking and skill development. Moreover, students' initiative and motivation to learn are insufficient. In the traditional model, students spend most of their time in a passive learning state, lacking opportunities for active participation and independent exploration. Even during ward rounds and patient interactions, they often play the role of "observers," with limited hands-on experience and opportunities for independent thinking. This, to some extent, restricts the improvement of their clinical abilities.

Therefore, in the context of medical education reform and the development of modern medical technology, the traditional clinical teaching model in neurology urgently needs innovation and optimization to better train high-quality neurologists who can meet the demands of the new era.

3. Construction of Innovative Teaching Models

3.1 Interdisciplinary Collaborative Teaching Model

The interdisciplinary collaborative teaching model is an innovative teaching approach that integrates knowledge and resources from different disciplines to enhance students' comprehensive abilities. In neurology clinical teaching, this model combines knowledge from fields such as neurology, psychology, nursing, and medical ethics, helping students gain a multidimensional understanding of neurological diseases while cultivating interdisciplinary thinking and the ability to solve complex problems. With this model, the teaching content shifts from traditional subject divisions to an integrated teaching design. The teaching team consists of members from various professional fields, and through joint planning and implementation of teaching activities, students can approach case analysis and decision-making from different perspectives^[3].

In the interdisciplinary collaborative teaching model, clinical doctors, nurses, psychologists, and other related discipline instructors participate in case discussions, treatment plan designs, and patient

management activities. Through interdisciplinary collaboration, students not only acquire knowledge from a single discipline but also understand the interrelationships between different fields, thereby enhancing their comprehensive diagnostic and therapeutic abilities in neurology. Furthermore, this model promotes students' awareness of teamwork and communication skills, laying a solid foundation for their future clinical practice.

3.2 Case-Based Learning (CBL) Application Model

Case-Based Learning (CBL) is a teaching model based on real clinical cases, emphasizing students' independent analysis, problem-solving, and team discussions for deep learning and knowledge application. In neurology clinical teaching, the application of the CBL model, through carefully designed cases, helps students closely integrate theoretical knowledge with clinical practice. During the teaching process, instructors provide representative clinical cases and guide students in discussions on etiology analysis, diagnostic thinking, and treatment plan selection, thereby fostering students' independent thinking and decision-making skills.

In neurology teaching, CBL can cover a variety of neurological cases, such as stroke, epilepsy, and Alzheimer's disease. Each case includes specific clinical manifestations, laboratory test results, imaging diagnoses, and treatment methods. Through group discussions, students can exchange ideas and deepen their understanding and mastery of the cases. By solving real-world problems, students not only improve their clinical reasoning abilities but also develop practical skills to handle complex clinical situations. The introduction of the CBL model not only stimulates students' interest in learning but also enhances their clinical judgment and teamwork abilities.

3.3 Application of Simulation Training and Virtual Reality Technology

The application of simulation training and Virtual Reality (VR) technology in neurology clinical teaching breaks through the limitations of traditional teaching models, providing students with a more immersive and interactive learning experience. Simulation training allows students to perform clinical procedures using simulation equipment and virtual patients, enabling practice in tasks such as neurological examinations, diagnoses, and surgeries in a simulated environment. This helps avoid potential risks in actual clinical settings. Through repeated training, students can gradually improve their operational skills and clinical adaptability.

Virtual Reality technology, on the other hand, offers highly realistic and immersive 3D virtual environments, providing students with authentic clinical scenarios that enhance their spatial awareness and operational understanding of neurological diseases. For example, students can use VR technology to conduct virtual neurosurgical operations, observing each step of the surgery in real-time, simulating various emergency situations, and receiving instant feedback. This technology not only helps students improve their technical skills but also deepens their understanding of the onset, development, and treatment processes of diseases. The integration of simulation training and virtual reality technology can effectively enhance the interactivity and practicality of neurology teaching, providing students with a new learning platform and practical opportunities^[4].

3.4 Integration of Online Education and Blended Learning Models

The integration of online education and blended learning models is an important direction for the innovation of modern neurology clinical teaching. With the development of information technology, online education offers students flexible learning methods, breaking the time and space constraints of traditional classrooms. Through online platforms, students can access teaching resources at any time and from anywhere, watch instructional videos, participate in online discussions, and thus effectively support personalized and independent learning needs. At the same time, online education platforms can be updated in real time with the latest clinical research findings and medical technologies, providing students with cutting-edge knowledge and skills.

The blended learning model combines traditional face-to-face teaching with online learning, creating a more flexible and interactive teaching environment. In neurology clinical teaching, the blended model not only strengthens theoretical learning through online courses and self-directed tasks but also provides skill training and application through in-person practice, simulation training, and other activities. For example, students can first master fundamental knowledge such as neuroanatomy and neuropathology through online learning, and then apply this knowledge to actual clinical situations through case analysis

and clinical internships in the classroom. This model fully leverages the advantages of both online and offline teaching, improving teaching efficiency and student engagement. The blended learning model not only enhances the flexibility and adaptability of teaching but also offers students more learning paths and assessment methods, effectively improving the quality of teaching and student outcomes. In neurology clinical teaching, the integration of this model helps students seamlessly connect theory and practice, promoting their comprehensive development of clinical skills and knowledge^[2].

4. Implementation Strategies for Innovation in Neurology Clinical Teaching Models

4.1 Integration and Optimization of Teaching Resources

The integration and optimization of teaching resources in neurology clinical teaching are fundamental to ensuring teaching quality and cultivating high-quality medical professionals. In order to better meet the needs of medical education, it is essential to fully leverage the resource-sharing mechanism between hospitals and universities, building a closer collaborative platform between the two. This involves integrating the advantageous resources of various clinical internship bases and teaching hospitals. Through this resource-sharing mechanism, the seamless connection between theory and practice can be promoted, enhancing students' participation and operational capabilities in clinical teaching. On this basis, a unified teaching resource management platform should be established to centrally share teaching videos, case databases, electronic textbooks, and the latest medical research findings, ensuring the efficient use of resources and timely updates of information^[5].

Especially in neurology teaching, due to its complexity and specialization, the standardization of medical records, imaging data, and clinical symptom descriptions becomes particularly important. Through the establishment of standardized data, a systematic resource library can be formed, which not only facilitates teacher demonstrations in teaching but also supports students in autonomous learning and review. By utilizing big data analysis technology, teaching resources can be allocated more precisely and personalized recommendations can be made, optimizing the timeliness, systematization, and practicality of teaching content, further enhancing students' clinical thinking and diagnostic skills. Furthermore, the optimization of teaching platforms should focus on the dynamic updating of resources, maintaining the cutting-edge and practical nature of teaching materials, ensuring that students are exposed to the latest research outcomes and clinical techniques in neuroscience.

4.2 Development and Strengthening of Faculty

The quality of neurology clinical teaching relies heavily on a high-level faculty. Teachers not only need to have solid theoretical knowledge in neurology but should also possess rich clinical experience and strong teaching abilities. Cultivating and recruiting excellent clinical teachers is key to improving teaching quality. Continuing education for clinical teachers should be strengthened, encouraging them to participate in academic conferences and scholarly exchanges in the field of neuroscience both domestically and internationally, keeping up with the latest developments in the field to continually improve their academic and professional capabilities.

In addition to traditional teaching content, teachers should also possess research and innovation skills in teaching methods. Therefore, teachers should regularly participate in training on teaching methods and technologies, familiarize themselves with modern educational concepts such as flipped classrooms and case-based teaching, and master personalized teaching strategies based on student needs. In practical teaching, teachers should flexibly adjust according to different phases of clinical internships, using various interactive teaching methods to improve students' learning outcomes.

Neurology teaching also requires interdisciplinary collaboration. The integration of multiple disciplines can provide broader perspectives and theoretical support for neurology clinical teaching. For instance, experts from fields such as psychology and rehabilitation medicine can offer theoretical support and practical guidance from different perspectives, enriching the depth and breadth of the teaching content. By building a faculty through multiple channels and levels, a team with comprehensive research, clinical, and teaching competencies can be developed, which will not only enhance teaching quality but also better meet the growing demands of medical education.

4.3 Construction of Teaching Environment and Technology Platforms

The construction of the teaching environment and technology platforms has become a core

component of the innovative model for neurology clinical teaching. In terms of the teaching environment, attention should be paid to the physical space design of both hospitals and classrooms, ensuring they can accommodate various teaching needs such as simulation exercises, team collaboration, and patient education. For neurology teaching, the teaching facilities should meet the high-precision clinical operation requirements, including the addition of virtual laboratories and simulated wards, providing students with opportunities to simulate the diagnosis and treatment of common and complex diseases. This type of teaching environment not only helps students master basic clinical skills but also enhances their ability to manage complex medical conditions. The configuration of advanced equipment such as medical imaging devices and neurophysiological testing instruments should also be an integral part of the teaching spaces, enabling students to engage in practical operations and boosting their technical abilities and confidence.

The construction of an information technology platform is another important measure to improve the quality of neurology clinical teaching. Advanced technologies such as the internet, cloud computing, and big data should be leveraged to create a comprehensive teaching platform that integrates case sharing, remote teaching, interactive learning, and assessment feedback. Through this platform, both teachers and students can overcome the limitations of time and space inherent in traditional teaching models, engaging in online learning, discussions, and feedback at any time and from any place, thus promoting personalized learning and collaborative teaching. Intelligent teaching tools and precise assessment systems can provide real-time feedback and allow for accurate adjustments during the teaching process, ensuring continuous improvement in teaching effectiveness. Additionally, the platform's teaching resources can be personalized and pushed according to the students' learning progress and understanding, recommending appropriate content to enhance learning efficiency^[6].

Through the establishment of an information technology platform, the effectiveness of neurology clinical teaching will be significantly improved, and students' practical skills and clinical thinking will receive more comprehensive development.

In conclusion, the integration and optimization of teaching resources, the development of faculty, and the construction of the teaching environment and technology platforms are crucial measures for advancing innovation in neurology clinical teaching. By employing these strategies comprehensively, teaching quality can be greatly enhanced, providing a more efficient, precise, and personalized teaching model for medical education, and ultimately fostering more innovative and capable medical professionals.

5. Conclusion

This paper provides an in-depth analysis of the current state of neurology clinical teaching and proposes various innovative teaching models, including interdisciplinary collaborative teaching, Case-Based Learning (CBL), the application of simulation training and virtual reality technology, and the integration of online education and blended learning models. These innovative models, by increasing clinical practice opportunities and enhancing interactivity and personalized teaching, can effectively improve students' clinical skills, clinical thinking, and decision-making abilities. However, the implementation of these innovative models still faces certain challenges. Future research should focus more on the specific application effects of different innovative models, especially their promotion and practice in actual clinical teaching environments, and explore integrated models of multiple teaching methods to further enhance the quality and efficiency of neurology education. At the same time, with the continuous development of technology, new technologies such as virtual reality and artificial intelligence provide broader space for neurology clinical teaching. Therefore, how to deeply integrate advanced technology with innovative teaching models to promote the continuous advancement of teaching content and methods remains an important direction for future research.

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