# Study on the practical significance and practical path of labor education in normal university in the new era

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Abstract: The all-round development of morality, intelligence, physique, beauty and labor is the current key educational policy and content, and requires students to develop comprehensively and evenly, which is indispensable. In addition to the traditional moral education and physical education content, labor education, as a part of it, also plays a very important role. Through labor and practical work activities, students can exercise their physical and mental physique and experience the hard work and wisdom of the working people, and in turn, cherish the existing learning life more, and stimulate students' thirst for knowledge and desire to explore. Due to the particularity of disciplines, normal majors can be combined with labor education, and play a certain effect and educational significance. Therefore, this paper studies and analyzes the practical significance and practical path of labor education in normal university students in the new era for reference.

Keywords: normal university students; labor education; practical significance and practice path

#### 1. Introduction

Under the educational background of the new era, the educational significance and effect of integrating and infiltrating labor education into the teaching activities of normal majors and cultivating the new generation of knowledge youth must be considerable. Relevant teachers need to be in normal professional subject teaching through certain teaching design to help students cultivate correct labor consciousness and concept, efforts to explore related labor education teaching means, and strengthen the corresponding labor practice experience, combining the actual situation of the students and growing environment, innovative, scientific teaching activities. Let normal university students experience the positive meaning of labor, cultivate their correct awareness and concept of labor, let students love labor, labor pride, and further promote the comprehensive development of labor education and comprehensive literacy.

### 2. The practical significance of labor education in normal university in the new era

## 2.1 Comply with the requirements of The Times, advocate diversified labor

With the development of the fourth Industrial Revolution, the labor tools, labor ways and labor forms of human society have changed quietly. First, labor education in colleges and universities should gather the spirit of physical and mental labor; reflect the combination of individual labor and collective labor; grasp the gist of complex and simple labor; adapt to the requirements of creative and intelligent labor, and present diversified labor forms. It is particularly emphasized that young students should set up a positive view of labor in the current of social informatization and technology, work hard, create labor and work honestly, realize the various forms of labor, and realize the complex links between various forms of labor. Second, in combination with the national requirements for the training of innovative talents and the overall goal of cultivating moral education, it focuses on cultivating the labor values of respecting workers, down-to-earth, glorious and innovative, improving the practical ability of hands-on operation and solving problems, and promoting the spirit of loving and active labor. In the background of the rise of artificial intelligence and the renovation of the nature of work, we still need to maintain a positive spirit of labor, learn rich labor knowledge, and master various labor skills.

Labor is the most basic practical content in our daily life, and it is also the basis of the survival and sustainable development of human beings and even society. Through labor activities, we can exercise and temper people's will, cultivate excellent qualities that can bear hardships and stand hard work and are not afraid of difficulties, and increase team cohesion and unity consciousness through the cooperation

between students, and effectively promote the development of students' labor education. Effectively integrating labor education in teaching is a necessary process for the development of The Times<sup>[1]</sup>. It is necessary to integrate and integrate labor education with normal professional teaching, so as to promote the comprehensive and sustainable development of students' comprehensive quality. With the continuous construction and development of social economy, the living standards of the Chinese people have made a qualitative leap, more and more people have lived a happy life, and the teenagers studying on campus are rarely exposed to labor activities. Most of the students mainly focus on subject knowledge learning and ability improvement, a small part of their spare time is also training in some subject knowledge, art and sports, and low attention to labor education, so that students have no understanding of some basic labor knowledge and skills. This situation is not in line with the current goal of the education, to do a good job of "moral, intellectual, physical, aesthetic and labor" comprehensive and balanced quality development, labor education content is mainly divided into two aspects, skills and theoretical education, if you want to integrate into labor education, is very important and has unique educational significance<sup>[2]</sup>. The lack of appropriate labor education content in normal professional teaching will make students lack basic labor knowledge and skills, weak labor awareness, and it is not easy to adapt to social life in the future. Labor education to carry out the significance is to strengthen the students for the concept of labor spirit, set up the correct, actively, improve labor quality, strengthen the spirit of education, and despise the wrong ideas, help students to establish good view and social responsibility, and achieve the all-round development of comprehensive quality.

# 2.2 We should adhere to the simultaneous development of the five education programs and emphasize all-round development

Deeply understand and grasp the moral education, intellectual education. The relationship between sports aesthetic education and labor education is mutually complementary, harmonious and unified. And it is taken as the foothold to promote the development and reform of education and teaching in colleges and universities."The combination of education and productive labor" points out the direction for China's education work. Higher education is to train professional and high-quality talents who serve all walks of life to enter the society, adapt to the development and progress of The Times, and emphasize the allround development of morality, intelligence, physique, beauty, labor and life. The young people shoulder the responsibility of realizing the "two centenary Goals" and national rejuvenation. To coordinate the relationship between the five education, first, we should integrate labor education into moral education and carry forward the spirit of labor in moral practice. On the one hand, carry out ideological and moral education through the practice of labor, so that students can understand the spirit of labor in the process of practical work and cultivate the good quality of hard work and down-to-earth; on the other hand, enrich the labor experience and innovate the labor form in the process of moral education. Second, we should combine intellectual education with labor education, and deepen the understanding of labor in the process of intellectual education. On the one hand, colleges and universities set up labor courses to promote students 'intellectual development, pay attention to the improvement of students' practical skills, and cultivate students' ability of combining theory and practice, and realize theoretical knowledge and the value of labor, and lay the theoretical and practical foundation for their future career development. Third, labor education exercises students 'physique and develops students' labor, physiological and psychological basis in physical education. On the one hand, labor exercise can help students to hone their will, strong body, develop body and mind, students will naturally receive physical education in the process of labor; on the other hand, through physical exercise, the necessary physical strength, endurance, endurance, perseverance, cooperation consciousness, mutual aid, self-coordination and original spirit. Critical thinking and other all aspects of the physical and mental quality have been developed. Fourth, infiltrate aesthetic education in labor practice, and highlight the meaning of labor in the process of beauty creation. On the one hand, labor itself is glorious, which contains honesty. Diligence and innovation are many excellent qualities; on the other hand, the process of labor itself is the process of creating beauty. Students work in the process of experiencing beauty, exploring beauty, creating beauty and spreading beauty.

# 3. The specific path and content of labor education are integrated into the teaching of normal school majors

# 3.1 Help students to establish a correct concept of labor through subject teaching and research activities

Normal professional teaching content involves extensive knowledge, music, art, education and other normal professional knowledge and content, in professional course teaching objectives, teaching content and course assessment should be clear the content of labor education, especially the normal students trial teaching, professional practice courses, can truly labor education and professional ability. Want to labor education into the normal professional normal professional teaching, the first requires our normal professional teachers team to the depth of discipline teaching activities, dig teaching knowledge and teaching content, combined with the actual situation of the school students through research and discussion, effectively, reasonable to normal professional knowledge and labor education. The labor concept is effectively integrated into the daily teaching content of normal major, to help students to establish a positive labor consciousness step by step and osmosis, and promote the improvement and development of students' labor quality. History and cultural inheritance is the key to education, as a preschool education professional teachers to make it consciously, the five thousand Chinese history and culture as the spiritual food of our country, is our education beginner's mind, the effective inheritance and development of Chinese excellent traditional culture, can make our national cultural confidence get full play. In the process of cultural development, singing art occupies a very important position, and the vast majority of music works contain a lot of knowledge related to traditional Chinese culture. We can inherit and promote Chinese traditional culture, improve national self-confidence, choose songs with "labor" color, make students establish moral character, cultivate patriotism, love labor and education, and embody the value of spiritual education.

For example, in the classroom teaching of normal majors, teachers can play some video footage, senpets from shows like "The Craftsman," Let the students fully learn and realize the importance of "the most glorious labor", And through a series of questions to trigger students to discuss and answer questions, after the teacher reveals the answer, then extend the class, introduce the content of labor education, let the students realize that hard work will be rewarded, work to create a better future of the important thoughts and ideas, help students to change their awareness of labor, and also determined to become a participant in the hard work to change the cultural construction of his hometown, while teaching students normal professional knowledge to help establish the correct concept of labor and thought. For example, teachers can guide students to cherish the present through vivid and vivid examples around students according to their characteristics, respect the efforts of every worker, cultivate students' awareness of labor and enhance their moral character<sup>[3]</sup>. For example, due to the geographical location and the lack of natural resources, the environment is dry, and even the water resources are extremely scarce, bathing is a luxury. In this case, the development of rural education in northwest China is also relatively good, especially the development strategy of "teachers in western China", which is inseparable from the hard work of the selfless "gardeners". Comparing the northwest situation and students in comfortable environment, let the students realize and cherish the present, cherish for now happy life every worker hard work, and learn from them, improve self-labor consciousness and cherish consciousness, further realize the labor education in the penetration of professional education teaching purpose.

#### 3.2 Enhance labor perception through the creation of teaching environment and atmosphere

On the whole, the knowledge of normal majors is very wonderful and diverse, and situational teaching, as the most representative one of the teaching methods to improve the learning enthusiasm, can also be introduced and integrated into the teaching of normal majors, so as to improve students' perception and reflection on labor. For example, new media technology is used in the normal professional class to create a teaching environment in line with the teaching content, and add the labor education content to enhance students 'sense of experience and participation, enhance students' sense of labor experience, and promote the improvement and improvement of labor quality. For example, in the process of cultivating the education and teaching of normal university students, we should pay attention to the cultivation of normal university students 'practical ability and practical ability, and organize students to participate in discipline competitions, normal skills competitions and other practical activities, which can help improve students' labor quality.

The essence of labor education is students' quality education, which is to help students establish the correct consciousness of the three views and form the correct and positive moral character. In the

education and teaching of normal majors, relevant teachers should positively guide students to cherish the present moment according to the characteristics of students and the actual learning and life conditions, respect the efforts of every worker, cultivate students' labor awareness and enhance their moral character. To a large extent, the happiness of teachers 'work comes from the growth of students, and the excellence of students is closely related to the dedication characteristics of teachers' labor and the dedication spirit of teachers. At the same time the rural education conditions and students in good environment, let the students realize and cherish the present, cherish for now happy life of every laborer hard work, and learn from them, improve self-labor consciousness and cherish consciousness, further realize the labor education in normal professional discipline teaching into the purpose. And the education into the work management labor education as the ultimate goal, is to make college students can produce "the lightest labor" pride, the most noble work, the greatest work, the most beautiful work " consensus, to achieve these goals need family, school and society to help college students. For university and university teachers must put the world outlook, outlook on life and values in the first place. Therefore, teachers 'values and work education are deeply integrated, so that students' cognition of work is rooted in students' hearts. At the same time, the students should be actively guided to deeply understand the hard work of the workers. In governance practice, we must focus on establishing a good governance campus cultural atmosphere, so that students can participate in the cultural construction of the campus, and invite typical excellent side to the classroom to show, share work experience and completed work, stimulate the enthusiasm of other students for work. Allow the students to psychologically change the concept of work and establish the correct work values.

# 3.3 Improve basic labor skills through practical training and practice activities of normal professional disciplines

Normal professional disciplines of actual education teaching activities will involve a certain amount of training, practice, and the students' enthusiasm for practical practice activities and interest is relatively high, and in the normal professional discipline training teaching into labor education, its effect is certainly significant. Do everything possible to create opportunities for students to exercise in the society, encourage them to understand the fun of labor in social practice, establish labor values, form the spirit of labor, and then adhere to the faith of education, truly highlight the practical character of labor education. The knowledge points involved in normal majors are still relatively complex, and the learning of some knowledge points also needs the help of certain learning tools to complete. With the comprehensive popularization and implementation of China's new curriculum reform and quality education in recent years, labor education, as an essential content of quality education, also conforms to the development and demand of The Times, and needs to be integrated into the daily education and teaching activities and play a certain role and effect. Combined with the actual situation of the school students to establish the corresponding training activity center and even practice base, pay attention to normal professional students internship quality and effect, and in the process of actual professional practice, let the students realize not content with the status quo, refused to "rotten", to have the courage to bear, establish the excellent labor character of bears hardships and stands hard work, and in the actual work to strengthen their ability and technical level, to be a social excellent professional normal technical personnel. Practice is all the theoretical basis, which needs to be applied in practice. In practice, teachers should constantly strengthen the theoretical and practical skills in textbooks, in order to adapt to the practical needs of the current normal industry, but also to provide teachers with theoretical and practical training conditions for professional skills.

In order to do a good job in the curriculum labor education mode, relevant departments should design the teaching content according to the characteristics of each discipline, each major and student groups, and gradually infiltrate the labor content in daily teaching, so as to promote the high-quality development of the curriculum labor education mode. For example in preschool education professional music daily education teaching, teachers can project teaching design, for example to just held twenty big work report for the theme as the breakthrough point into the labor elements, held the corresponding theme class meeting or knowledge activities, the construction of good learning atmosphere, also contribute to ideological and moral character and construction, both spread and send out positive energy, consolidate improve students' professional knowledge and national self-confidence and patriotic enthusiasm. Ethics elements into the second class to carry out the "happy playing dream flying" "childlike innocence, dream preschool education" song performance series student theme activities, such as guzheng as a long history of ancient, will critically inherit the pursuit of elegance, freehand brushwork, lyrical aesthetic implication, also requires players have certain performance aesthetic knowledge. It can also create a "sunshine spring bud" to play the educational function of preschool major student activities.

#### 4. Conclusion

The traditional normal professional knowledge teaching activities do not involve the content of labor education, by integrating labor education into the daily normal professional education teaching activities, and using a series of innovative teaching methods and activities, can effectively exercise the labor spirit of students of normal education. We cultivate students' labor consciousness and concept in the teaching of normal courses, so that they learn to cherish every worker's effort and labor results. This can really promote the overall improvement and sustainable development of the quality education of students in the teaching stage, and strive to cultivate a new generation of professional and technical talents for the society. Finally, we achieve the purpose of professional education.

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