# The realization of aesthetic education value in college music education

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Abstract: Colleges and universities are important positions to cultivate high-quality talents, we should pay attention to enhance the level of aesthetic education through music education, promote the all-round development of students. Music education has a unique function of aesthetic education, which plays a great role in social groups, individual audience, tradition inheritance and civilization exchange. We should improve the form of music education and enrich the content of music education to realize the high unity of music education and aesthetic education. Music education in colleges and universities should continue to deepen educational reform, improve educational content and update educational ideas.

Keywords: college music education; Aesthetic education

#### 1. Introduction

Nowadays, the global economy has gradually begun to integrate, which not only brings new challenges to Chinese market economy, but also brings the blend of various cultures in the world. In today's era of advocating cultural diversity, foreign "foreign festivals" are more and more popular young people, while Chinese traditional culture is gradually forgotten. Therefore, the government the statutory holidays of traditional festivals to attract young people's attention to traditional culture. Aesthetic education in music education in colleges and universities not only needs the attention of education departments, but also needs the cooperation of colleges and universities and every people. How to realize the value of aesthetic education in college music teaching and how to do a good job in college music teaching are the key research contents of contemporary college music teaching.<sup>[1]</sup>

# 2. The internal relationship between music education and aesthetic education value

As far as the intrinsic relationship between music education and aesthetic education value is concerned, educators all over the world attach great importance to the positive role of music education aesthetic education. The fundamental reason lies in the fact that music education has irreplaceable in aesthetic education. Music is a collection of the spirit of The Times of a nation and a region. the different connection and change of tunes and sounds, it can reflect the spiritual outlook, psychology and value orientation of a nation as a whole. Music education can effectively realize the cohesion of social groups. As we all know, different styles of folk music reflect different group life and expression ideas. Through different music education can reflect the emotion between different groups. [2]Music education can achieve the psychological identity of different social groups to the greatest extent. The different kinds of Musical Instruments also reflect the self-cognition of different social groups, and become the mark of social hierarchy to some extent. The piano, for example, has been a standard in Western middle-class homes since the Renaissance. But Guqin is the cultural symbol of scholar-bureaucrat class in feudal times. Music education can enable different social groups to realize summary of life experience. Through the production and life of common characters and symbols in the form of music. Carrying out music education can realize knowledge sharing and application among different groups. For individuals, music education can improve their comprehensive quality. Music education is an important carrier of quality education, with the characteristics of subtle influence, the of music education teaching means can make individuals in the subtle influence of music edification, purification of the mind, to achieve the overall cultivation of the promotion. Similarly, the positive of music education on individuals has been applied to fetal education and early childhood education, college students also need reasonable music education to stimulate their all-round development of

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Music education can well realize the inheritance of traditional culture, music is the carrier of national culture, but also the crystallization of human wisdom. Throughout the history of human development and the history of world civilization, no matter which region, which nation or which era music education has always played a good role in cultural inheritance. For the Chinese nation, the long history of five thousand years is the main core embodiment of music education. Through excellent folk music, integrated into the college education system, is undoubtedly the best inheritance of traditional culture.

## 3. The significance of music aesthetic education to college students

## 3.1 Help to improve the cultural quality of college students

Students should not only have a strong professional quality, but also learn to use the knowledge to explain the phenomenon in life or deal with the problems encountered in life. Students who only learn professional knowledge can not be called literate. Only students who can skillfully combine theory and practice can be called students with high cultural literacy. Nowadays, many universities cultivate students' artistic feelings and broaden their cultural horizons with the help of music works of different genres and styles. In the process of learning about Chinese and foreign instruments and repertoire, students also learn about the life stories of some famous composers and performers, and draw spiritual strength from their great reality. It is also inevitable for students to combine some knowledge of religious beliefs and local conditions to understand songs in their study, which is conducive to improving students' ability to understand different cultures and appreciate different songs. For example, the song "Joseph and the Amazing Technicolor Dreamcoat" depicts the tragic experience of Joseph's youth: Joseph has a jealous brother who is beloved by his father, and these brothers hate him so much that they try to drive him out of the house. Joseph's life changed when his brothers found the right time for him to go out and tricked him out of their lives. They sold him to traffickers. The evil brother also lied to Joseph, telling him the news of his father's death, which made Joseph even more depressed. Later, Joseph was raped by a traitor and suffered in prison, but prison also brought a new turn in his life. Joseph in prison for Pharaoh dream interpretation, Joseph gradually became the pharaoh's right-hand man, after several twists and turns, Joseph was able to reunite with his father, Joseph's brother also suffered retribution. Plays related to the song, such as Dreams Come True, depict the complex hearts of different characters with vivid tunes and uplifting performances. After students fully understand Joseph's story, they can learn related pieces, have a more in-depth and thorough interpretation of the characters, and have a deeper understanding of the feelings expressed in the pieces. At the same time, students learn about their Jewish ancestors, which adds interest and culture to the music class.

## 3.2 Help to cultivate students' patriotic spirit and national consciousness

Music is the medium of people's rich emotions. Teachers should pay attention to the emotional influence of students in music teaching, so that students can feel different emotions from different music and draw more positive energy from music. Teachers should cultivate students' habit of paying attention to the development of society and country in music teaching, and cultivate students' firm patriotic belief and national consciousness. When I explain the Yellow River Cantata, I guide the students to explain the lyrics from the background of its creation, and dig out the historical events and social scenes behind each lyric. When necessary, I will display pictures and videos that can reflect the living conditions of people at that time on the multimedia to deepen students' understanding of this period of history. By interpreting the lyrics and listening to the songs, the students realized that Yellow River Cantata was a song to lash the aggressors. Although the piece reflects a heavy historical background, it does not express a completely heavy emotion.<sup>[3]</sup>The passionate and magnificent tune shows the indomitable spirit of the Chinese people fighting against the invaders at that time. The great image of the indomitable Chinese people is shown in front of more people through this song. The national spirit expressed in the song infected every student present. The students deeply realized that today's happy life is not easy to come by, and their gratitude and longing for the motherland are more warm and surging.

## 3.3 Help to cultivate college students' sense of teamwork and teamwork spirit

Students with professional training often have strong individual singing ability, but the most important thing in chorus is not to highlight the individual timbre of students, but to guide students to cooperate with each other to form an integrated timbre. In class, I found that some students with

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professional training have unique opinions on different pieces, and these students are usually unwilling to take the initiative to integrate into the collective chorus, or the timbre is too prominent in the chorus, which destroys the aesthetic feeling of the chorus. This is because these students tend to pay more attention to their own feelings and ignore the cooperation with other students. However, the most important part of chorus is the mutual cooperation between students and students. Students must take into account the timbre of themselves and other students, constantly adjust their voice size, pitch and other factors in the process of chorus, so as to achieve the effect of close cooperation with other students. A good choral work cannot be separated from the unity and cooperation of students. Therefore, teachers should make students understand the importance of team spirit when guiding students to chorus, guide students with outstanding timbre to adjust their singing style, try to integrate into the collective timbre, and show the charm of the chorus.

## 4. Teaching methods for music aesthetic education

Music education has unique advantages in aesthetic education for students. As an important carrier of aesthetic education, the fundamental point of music education is to promote students' all-round development. Therefore, music educators should fully mobilize enthusiasm, initiative and creativity, unify teaching knowledge and cultivating aesthetic feeling in the practice of music education, and give full play to the aesthetic value of music education. One is to improve the form of music education to realize the unity of beauty in attraction and appeal. Promote the innovation of educational methods and means, take all kinds of activities that students like and enjoy as effective carriers of music education, stimulate students' interest in learning music and feeling aesthetics in lively, fresh and attractive activities through novel, flexible and vivid forms of education, and realize the transformation from passive learning to active learning.

On the one hand, to use the classroom main position. Classroom teaching is the most important place to develop music education, which should be fully used. For example, we can organize the singing of classic songs, carry out poetry and lyrics competitions, enlivene the interaction of music appreciation and analysis, and carry out classroom play rehearsal activities, so as to change students from passive recipients to active participants, and experience, create and express beauty in real practice. On the other hand, we should make good use of the campus platform. It is one of the important symbols to measure the level of aesthetic education in colleges and universities whether we can make good use of the big site, big platform and big stage.

Planning for colleges and universities administration department theme art show, chorus, solo, theatrical performances, Musical Instruments playing game competition, campus cultural activities such as the preparation guide the college students' art group such as choir and orchestra, student associations and interest groups, etc., in activities, for bearing, in organizations, and communities in ascending music education coverage and influence, In the rich and colorful activities to promote the realization of aesthetic education value in music education. Second, enrich the content of music education to realize the unity of beauty in art and ideology. In the development of music education, we should pay more attention to the music content itself, and enhance the persuasiveness and conquest of aesthetic education through good music works. On the one hand, music education textbooks should be refined. Teaching material is an important basis and reference for education, and the content of education must be optimized according to the requirements of the training objectives of music education. We should always adhere to the principle of selecting the best, organize high-quality human resources, and carefully select, carefully compile, strictly examine, carefully pilot and boldly promote on the basis of taking a global view and taking a close look at ancient and modern times, so as to truly make those masterpieces that have stood the test of history and the people enter textbooks and classrooms. On the other hand, we should stick to the direction of music education. Administration college music teachers in colleges and universities, in particular, should constantly improve their own political culture and political level, and always adhere to the marxist stand, viewpoint and method, always stick to mission, his mind is always faith, confidence in the work of teaching combine advanced ideas and scientific methods, make the music education with national consciousness, aesthetic taste, moral value, Let the students sing the main melody, sing a righteous song

## 5. Conclusion

In the teaching activities of colleges and universities, to realize the unity of music education and aesthetic education is not only an important goal of high-quality teaching, but also a way to realize

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high-quality teaching. It needs the policy improvement of educational administrative departments, the vigorous promotion of educational subject units, and the common endeavor of educational personnel. First, we will continue to deepen education reform. Based on the reform of music education, especially the relevant policies of colleges and universities, the setting of the curriculum system of colleges and universities should pay full attention to the unique value of music education and aesthetic education function in shaping the social and cultural environment and the healthy growth of young students. We should improve the guarantee system and supervision mechanism of music education, and strengthen the proportion of art courses including music in the school education system. Second, continuous improvement of educational content. The sincere emotion will be poured into the music education classroom, creating wonderful space and time scenes, realizing the high harmony of content and form, inheriting and promoting each other, so that students can deeply feel the unity of art truth, goodness and beauty in the subtle influence, and constantly enhance students' subject consciousness and spirit of effort. Third, we will continue to update our educational philosophy. Set up an open mind, attach importance to the introduction, learning and development of the world's multi-ethnic music culture; Actively integrate resources, with the help of information technology and network media, carry out practical music activities through music live broadcast, online comments and other ways, improve students' participation, and realize the combination and promotion of music education and aesthetic education.

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