# Research on rehabilitation medicine teaching integrating humanistic education concept under the new medical model

### Haimeng Liu, Guan Fu\*

Department of Rehabilitation Medicine, Binzhou Medical University Hospital, Binzhou, China haimeng1215@126.com

Abstract: With the national attention to rehabilitation, the development of rehabilitation medical education is faster and faster. Under the new medical model, the influence of humanistic education concept on rehabilitation medical teaching is more and more prominent. Therefore, this paper studies the rehabilitation medical teaching integrating humanistic education concept under the new medical model, and first defines the importance of integrating humanistic education into rehabilitation medical teaching under the new medical model, Secondly, it analyzes the problems faced by the current integrated teaching, and finally expounds the integrated teaching strategy of humanistic education and rehabilitation medicine under the new medical model, so as to provide the basis for the innovative development of follow-up rehabilitation medicine.

**Keywords:** new medical model; Humanities; Educational philosophy; Rehabilitation medicine; Teaching; Research

#### 1. Introduction

With the development of modern medicine in China, the research scope of rehabilitation medicine is more and more extensive, and rehabilitation medicine education is paid more and more attention. Therefore, the state has invested more and more in the teaching and training of rehabilitation medicine. With the popularization of the new medical model [1], the concept of humanistic education has gradually entered the teaching vision of rehabilitation medicine. As early as 2001, the Ministry of education established the specialty of rehabilitation medicine education [2]. However, due to the late start of rehabilitation medicine teaching in China, there are still some teaching problems. Integrating the concept of humanistic education into education is a new practice put forward in recent years and has achieved good teaching results.

The concept of humanistic teaching has an important relationship with the cultivation of humanistic quality. It can complete the cultivation of humanistic quality according to the influence of the external environment [3]. Therefore, in the process of rehabilitation medicine teaching, it is necessary to cultivate students' working consciousness and provide good services for patients from all aspects of words and deeds. Although the development of rehabilitation medicine education in China has achieved results in recent years. However, facing the background of the new medical model, there are still many unsolved problems. Therefore, this paper studies the rehabilitation medicine teaching integrated with the concept of humanistic education under the new medical model, so as to provide reference for the follow-up rehabilitation medicine teaching progress.

## 2. The importance of integrating humanistic education into rehabilitation medicine teaching under the new medical model

With the development of the new medical model, the current teaching structure of rehabilitation medicine is also gradually changing [4], from basic physical rehabilitation to comprehensive physical and mental health rehabilitation. Therefore, it is necessary to integrate humanistic education into rehabilitation medicine teaching, which can solve many teaching problems.

First, humanistic education can integrate the diversified characteristics of rehabilitation medicine and promote the coordinated development of rehabilitation medicine. It can use the concept of humanistic education to actively publicize rehabilitation medicine knowledge, improve the

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comprehensive level of rehabilitation medicine education and promote the overall development of rehabilitation medicine teaching [5]. Second, affected by the particularity of rehabilitation medicine, at present, rehabilitation medicine pays more attention to cooperation and practice. Therefore, in the actual treatment process, it is necessary to use the concept of humanistic education for comprehensive treatment evaluation, select the correct teaching method [6], and carry out rehabilitation treatment for patients. Third, rehabilitation medicine needs good psychological quality in the actual work process. Affected by the boring and repetitive work, rehabilitation patients must have good patience. Therefore, it is necessary to integrate rehabilitation medicine into humanistic education and cultivate workers' sense of responsibility. Fourth, in the actual work process, some patients may lack rehabilitation medical knowledge and have high expectations. Therefore, it is necessary to integrate the concept of humanistic education with rehabilitation medicine, build the teaching concept of humanistic work and improve the teaching effect of rehabilitation medicine.

#### 3. Integration of humanistic education and rehabilitation medicine teaching

Influenced by the new medical model, there are many integration problems in the process of the integration of humanistic education concept and rehabilitation medicine teaching, which limits the integrated development of rehabilitation medicine teaching:

The first is the teaching content setting of the integrated teaching of humanistic teaching concept and rehabilitation medicine. At present, affected by the particularity of rehabilitation medicine knowledge, there are often problems of single and boring teaching content in the teaching process. In the actual teaching process, it still focuses on Book Teaching and theoretical teaching, and lacks practical teaching, The current teaching assessment system is not perfect. It does not fit the actual teaching content and cannot complete the effective comprehensive assessment, which will lead to low teaching efficiency and the actual work efficiency cannot be guaranteed.

The second is the problem of teaching media. With the development of information technology, education is also facing information reform, which has brought the renewal of teaching media. The teaching media of rehabilitation medicine teaching integrated into the concept of humanistic education are less and single. Therefore, the teaching influence cannot be guaranteed, which also affects the actual teaching effect. Finally, there is the problem of teaching humanistic evaluation mechanism. Affected by the comprehensive influence of rehabilitation medicine and humanistic teaching concept, the current evaluation mechanism has been unable to meet the integration requirements, and all rehabilitation doctors do not pay attention to the importance of humanistic education, resulting in serious marginalization of rehabilitation medicine teaching.

## 4. Integrated teaching strategy of humanistic education and rehabilitation medicine under the new medical model

The humanistic quality of medical workers is closely related to their actual work. Only by designing correct integrated teaching strategies according to the concept of humanistic education can we ensure the integrated development of rehabilitation medicine teaching and improve students' comprehensive humanistic quality. The main integrated teaching strategies are as follows:

First, cultivate the sense of cooperation and promote the combination of humanistic thought and practical teaching. Practical teaching is very important for rehabilitation medicine. Only by cultivating good practical literacy can we ensure the effect and cultivate talents with excellent comprehensive quality. Therefore, in the teaching process of rehabilitation medicine, we need to use the concept of humanistic education to improve the effect of practical teaching. We can introduce a new way of combining entertainment and training in the process of rehabilitation practice, improve patients' acceptance of rehabilitation, improve patients' acceptance of self, and cultivate healthy rehabilitation psychology. We can also regularly carry out rehabilitation related activities to attract patients' interest in rehabilitation. In the process of students' learning, we can comprehensively evaluate students' actual work effect. Actively cooperate with other disciplines to complete comprehensive humanities teaching.

Second, a good humanistic education and training environment is designed. Rehabilitation medicine not only needs to provide medical support to patients, but also needs to pay real-time attention to patients' mental health. Therefore, in the process of rehabilitation medicine education, a good teaching atmosphere must be established to increase patients' self-knowledge, and students can be organized to carry out relevant rehabilitation activities regularly. And in the activities, we can continue to learn

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rehabilitation knowledge and improve students' comprehensive literacy. We can also set up real rehabilitation treatment scenes and build relevant learning platforms to comprehensively improve students' integrated literacy of rehabilitation medicine.

Third, improve the humanistic teaching mode of rehabilitation medicine. The traditional rehabilitation medicine teaching pays too much attention to the education of book knowledge and ignores students' interests. In the process of education, students only need to learn according to the teaching materials, which seriously limits students' independent thinking ability. Therefore, students need to be actively guided in the follow-up rehabilitation medicine teaching process. Set up correct practical assessment methods, actively interact with students, and cultivate students' ability to think independently. When designing the teaching plan, we should actively integrate the innovative rehabilitation concept, change the existing teaching methods, and tell students relevant rehabilitation cases to reduce the difficulty of students' understanding. In the actual teaching process, teachers can organize students to participate in the actual rehabilitation process, let students experience the actual work content and scope, and improve students' interest in learning.

Finally, in the era of information development, we can build a relevant rehabilitation medicine teaching platform based on the concept of humanistic education. Teachers can use the platform to carry out rehabilitation education and training for students, transfer relevant rehabilitation knowledge resources to students, and design mixed teaching schemes to reduce the limitations of rehabilitation medicine teaching and provide the basis for subsequent teaching.

#### 5. Conclusion

To sum up, under the new medical model, the development of rehabilitation medicine is faster and faster. In the teaching process of rehabilitation medicine, we should not only pay attention to the teaching effect, but also actively integrate the concept of humanistic education with the teaching of rehabilitation medicine, and carry out teaching according to the teaching needs of modern rehabilitation medicine. Therefore, this paper takes the new medical model as the perspective. This paper studies the integration of rehabilitation medicine and humanistic education, and puts forward the corresponding teaching strategies, so as to provide reference for the follow-up teaching development of rehabilitation medicine.

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