# Study on the Blended Teaching Mode of "Online + Offline" in English of University of Chinese Medicine

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ABSTRACT. Compared with the traditional teaching mode, the blended college English teaching mode has attracted more and more attention with the rapid development of information technology. The blended teaching mode of "online + offline" should be more conducive to the teaching in the new era and combine information technology with education industry to make college English teaching more and more convenient. In this paper, it explores the blended teaching mode of "online + offline" and it analyzes how to improve the teaching quality of college English through the advantages and characteristics of blended teaching.

KEYWORDS: College english, "online + offline", Mixed teaching, Teaching model

#### 1. Introduction

Face at the beginning of 2020 will be coronavirus pneumonia caused by a pandemic, the Ministry of Education issued by the "about common colleges and universities during the epidemic prevention and control of online teaching organization and management guidance" clearly pointed out that universities should make full use of online for class and provincial school, two levels of high-quality online courses, teaching resources in class for resource platform and experiment platform service support, relying on the online course platform of all types and at all levels, the campus network learning space, etc., actively carry out online teaching and online teaching activities such as online learning, guarantee the epidemic prevention and control during the teaching progress and teaching quality, realize "closed not suspended". Obviously, "online resumption of schooling" is an important embodiment of "Internet + education" to serve the society, and it is also an important embodiment of The integration of network information technology and curriculum in Chinese universities and colleges the integration of online and offline English teaching and the implementation of mixed teaching mode such as flipped classroom based on classroom and online courses is a test. In fact, no matter during the epidemic or during the epidemic, no matter online or offline, the education and teaching concept should be changed from "teaching" to "learning". At present, how to "learn" online is still a prominent issue after the implementation of "suspension of classes without suspension". Online teaching provides teachers and students with more diversified choices through the reasonable combination of live classes, on-demand online teaching, micro-video learning, online centralized coaching and question-answering, and students' independent learning. Meanwhile, it also has higher requirements on students' independent learning ability, information literacy, and concentration. Online teaching is the teaching of time and space separation between teachers and students, whether the teaching is effective in one degree depends on the extent to which teachers can understand the students' online learning situation, and finally how to make timely and effective learning evaluation and feedback to the students' online learning situation. Learning evaluation is to ensure the quality and effect of online teaching, and is an important link in the development of students towards active learning, independent learning and personalized learning.

# 2. Overview of "Online + Offline" Blended Teaching

Combining the advantages of traditional teaching mode with the advantages of modern information technology, the blended teaching mode of "online + offline" has entered the teaching concept. The innovation of teaching mode means that teachers can impart classroom knowledge better. In the actual teaching process, textbook teaching and Internet teaching are integrated to form a "online + offline" mixed teaching mode. Students can not only teach College English by listening to teachers in class, but also learn college English online after class to improve their self-learning ability of college English. Micro-classroom and MOOC are the most popular types of "online + offline" mixed teaching mode. Traditional classroom teaching methods are rather boring, especially in English teaching. Teachers only explain English knowledge in class, ask questions to students, assign what they have learned in class as homework after class, and tell students to practice what they have learned after doing homework well. Instead,"" online and off-line hybrid teaching mode of college English teaching had the very big change, small class teaching is the textbook knowledge through multimedia playback, the classroom knowledge as courseware for classroom, such not only can make the classroom atmosphere more active, make English knowledge more vivid, is no longer a boring English class, after class, can also let the students again on video viewing to consolidate of knowledge, so that we can effectively improve students' learning efficiency. Large network open teaching mode is mainly to effectively combine the management system and open system, so as to spread knowledge better and make college English learning more convenient.

# 3. The Embodiment of Blended Teaching in College English

The blended teaching mode of "online + offline" is innovative and reformed on the traditional teaching mode. It is not only a teaching method, but also contains a lot of teaching ideas. College English is taught in practice by mixing teaching ideas. Teachers design teaching plans according to teaching characteristics and learn knowledge from textbooks. The combination of ideas and targeted teaching methods

can effectively improve the learning efficiency of students. With the mixture of teaching means, the education industry is gradually applying information technology, which also puts forward higher requirements for teachers. Teachers should also improve their self-teaching methods, make full use of the Internet, and make students accept such teaching methods through effective teaching methods. Teachers can create a set of teaching models with more modern information based on relevant English knowledge. When conducting situational teaching, teachers should make full use of micro-classroom and other online teaching methods, so as to enable students to give full play to their learning ability and practical ability more efficiently. Teaching resources should be integrated well. Teachers should not only rely on the resources of tutorial books, but also make good use of network teaching resources, through the practice teaching reasonably network resources sharing and explain, for example by sharing some classic English movies, celebrities such as speech, lets the student in a better environment for English learning, situational teaching, let students improve in terms of pronunciation, so that we can better develop the students' ability to use English. The "online + offline" blended teaching mode is to fully mix the two teaching modes, so that not only classroom learning can be carried out, but also online learning can be carried out. The complementary of the two teaching modes makes English learning more convenient, and enables students to improve their learning efficiency and effectively master their learning progress.

# 4. The Application of Blended Teaching Mode of "Online + Offline" in College English Teaching

# 4.1 Preview Before Class

Before college English classroom teaching, teachers should according to the corresponding textbook knowledge resources in the courses and course arrangement, teaching plan according to the actual situation of the current design, in order to better cultivate students' ability of autonomous learning, the teaching material content can be photogenic corresponding teaching course of network resources. For example, the "new concept English network teaching platform", etc., this platform can let teachers and students for network learning at any time, use of this platform will cover in the classroom teaching content of knowledge sharing in a timely manner to the hands of students, so that students can to carry on the knowledge of preparation before, effectively foster students' autonomous learning ability. Teachers should make full use of the advantages of this platform and do well in interactive communication with students, so as to teachers can better understand what knowledge students do not know, can make timely guidance, but also do a good job in the classroom knowledge key teaching.

# 4.2 Classroom Learning

Offline learning refers to classroom learning, in which teachers and students learn knowledge in the classroom, teach classroom knowledge according to teaching

objectives, and assist with multimedia teaching. Teachers should know about English preview before class and ask some questions. Next, the teacher according to the knowledge in the textbook carries on the scene teaching, USES the multimedia to strengthen the teaching artistic conception, then raises some questions again, lets the student carry on the thinking, must arouse the student's enthusiasm. Teachers arrange students to have role dialogues according to the actual situation, so that the classroom atmosphere is no longer boring. Finally, teachers should answer the questions raised in class and evaluate students' performance to improve their enthusiasm for learning. Through comprehensive teaching mode, students' English ability can be further improved.

# 4.3 Review and Consolidate after Class

Students should do some review after class to consolidate the English knowledge in class, and teachers should supplement the corresponding textbook knowledge courseware for sharing, such as audio and video, so that students can further deepen their impression of the knowledge after class. Teachers should guide students to make full use of the network teaching platform for the expansion of English knowledge learning, so that students will have a broader vision, so as to better cultivate students' ability of independent learning.

#### 5. Conclusion

The blended teaching mode of "online + offline" plays an important role in college English teaching. This teaching mode breaks the traditional teaching mode, puts the classroom on the Internet, combines online and offline mutual teaching, and makes full use of the advantages of the network. The background of the network can supervise the data of students, so that teachers can have a more effective understanding of students' learning status. At the same time, teachers' blended teaching mode of "online + offline" can also better cultivate students' independent students' ability.

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